



**Evidence-Based Instructional Design Strategies** 

# Trans

"The main thing has to be the main thing." - Pat Riley

Overview Though it's natural to try to pack as much content into one instruction session as possible, this approach can be cognitively overwhelming to learners. One alternative is to cover less material but dig deeper into its transferrable meaning. Be kind to learners' brains - "do less" so they can learn more!

**COGNITIVE OVERLOAD** 

If we did everything we thought was important in a session, our Learning Outcomes might look something like:

Use background

information to explore

#### Contact a librarian if they have additional questions

Students will be able to ...

about their research

Understand the difference between primary, secondary, and tertiary sources.

and other search strategies to construct a meaningful and precise search.

**Employ Boolean operators** 

various aspects of their topic. Ethically use sources and employ a consistent citation

Determine the relevance and utility of sources for an

argument. Use the Open Web to find information on their topic. research question about a topic they are interested in. Utilize a constellation of appropriate sources to

Define an appropriately sized

develop an argument, as well as to refute potential counterargments. Develop keywords that lead them to information on their

topic Use library databases to find information on their topic.

## **COGNITIVE OVERLOAD**

The Science of

This, the science of learning tells us, is a bit too much: the human brain can only retain a limited amount of information at one time.



## has a limited

capacity. It can only handle a relatively small amount of information before it shuts off.



#### memory shuts off, it cannot transfer

information to long-term memory - leading to "cognitive overload".





### doing "too much" is that

learning stops, and very little is retained

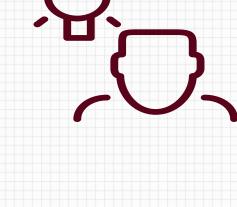
## For any learning outcome, think about deep structure of your

AVOIDING COGNITIVE

**OVERLOAD** 

the deep meaning of the material, the **MAIN THING** you want students to take away from this outcome.

**Practice Tip** 



learning outcome - the element of the content that TRANSFERS across multiple contexts. Select ONE or TWO major learning outcomes, and focus

This is the



How it Works: Retention, Transfer, Learning

on the "deep structure" of those outcomes

measures of learning outcomes are retention and transfer. Retention is the ability to remember what was presented. Transfer is the ability to use what was learned [and apply it] in new situations." Mayer, R.E., & Wittrock, M.C. (2006). Problem Solving. In Handbook of Educational Psychology (pp. 287-303). London: Routledge. Do Less so Students Learn More

promote learning - that is, a change in the

"The primary goal of education is to

learner's knowledge [...] Two classic

One way to avoid cognitive overload is to pick one or two learning outcomes based on the CORE SKILLS you want the students to retain and transfer in the session.

Ose background information to explore

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topic.

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Students will be able to ...

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have additional questions

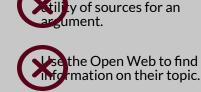
In lerstand the difference

and tertiary sources.

ween primary, secondary,

**Focus on What Transfers:** 

session understanding?



as to refute potential

counterargments.

Define an appropriately sized research question about a

topic they are interested in.

Develop keywords that lead

to information on their

PUTTING IT INTO PRACTICE

## ibrary databases to find mation on their topic.

**Research shows that students struggle** 

transferring information literacy skills in

contexts that matter

the techniques that may have worked so well for finding information when they were in college are no longer enough. Other factors

also figure into the equation for job success,

Head, A. J. (2012). Learning Curve: How College Graduates Solve Information Problems Once They Enter The Workplace. *Project Information Literacy Research Report:* 

"...many of today's graduates soon discover that

#### concept I am introducing, which will such as teamwork and the ability to ferret out allow students to use this knowledge in information beyond what they find on their many different contexts, not just the computer screens."

## one we are talking about today?

1. What is the main thing I want

learners to walk away from this

2. What is the central meaning of the

**Practice Tip** assignment most likely to transfer.

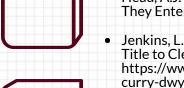
"Learning Curve." Choose Learning Outcomes b<mark>ased on the ne</mark>eds of the assignment, where students are in their research process, and the element of that

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